# Skill Procedures: Esophageal Tracheal Combitube (ETC) Airway

### I. Indications

- Consider using the ETC when endotracheal intubation is not successful or when it is not allowed or cannot be performed immediately.
- 2. Consider utilizing the ETC when possible spinal injury prevents successful ET intubation.
- 3. Consider ETC when the patient's anatomy, bleeding or vomiting obstruct the direct visualization required for ET intubation.



#### II. Contraindications

- 1. Patients who are less than 16 years of age or less than 5 feet tall.
- 2. Patient is responsive or has a gag reflex.
- 3. Patient has swallowed a caustic substance
- 4. Patient has a known esophageal disease present

#### III. Procedure

- 1. Assemble and check equipment
- 2. Hyperventilate the patient
- 3. Place patient's head and neck in a neutral position
  - A. If spinal injury is suspected, maintain head in a neutral, inline position
- 4. Perform a tongue-jaw-lift maneuver and insert device until the two black rings are at the level of the teeth
- 5. Inflate the pharyngeal cuff with 100 cc of air
- 6. Inflate the distal cuff with 10 to 15 cc of air

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### III. Procedure (continued)

- 7. Attach ventilation device to tube #1, the esophageal tube.
- 8. Ventilate the patient, auscultating over the epigastrium and listening for gurgling sounds.
  - A. If no sounds are heard, watch for chest rise and auscultate for breath sounds.
  - B. If equal chest rise and breath sounds are present bilaterally and no gastric sounds are heard over the stomach, continue to ventilate through tube #1.



- 9. If gurgling sounds are heard in the stomach, cease ventilation and reposition the ventilation device to tube #2.
- 10. Ventilate the patient, auscultating over the epigastrium and listening for gurgling sounds.



- A. If gurgling is heard remove the tube.
- B. If no sounds are heard, watch for chest rise and auscultate for breath sounds.
- C. If equal chest rise and breath sounds are present bilaterally and no gastric sounds are heard over the stomach, continue to ventilate through tube #2.
- 11. Hyperventilate the patient for two minutes then resume normal ventilation.

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